



Yearly Status Report - 2018-2019

Part A

Data of the Institution

1. Name of the Institution	TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
Name of the head of the Institution	Sheila Stephen
Designation	Vice Chancellor
Does the Institution function from own campus	Yes
Phone no/Alternate Phone no.	04427477901
Mobile no.	9884403817
Registered Email	vctnpesu@gmail.com
Alternate Email	naactnpesu2018@gmail.com
Address	Vandalur-Kelambakkam Road, Melakottaiyur
City/Town	Chennai
State/UT	Tamil Nadu
Pincode	600127

2. Institutional Status																			
University			State																
Type of Institution			Co-education																
Location			Urban																
Financial Status			state																
Name of the IQAC co-ordinator/Director			SHAHIN AHMED																
Phone no/Alternate Phone no.			04427477906																
Mobile no.			9841246509																
Registered Email			tnpesuiqac@gmail.com																
Alternate Email			naactnpesu2018@gmail.com																
3. Website Address																			
Web-link of the AQAR: (Previous Academic Year)			http://www.tnpesu.org/igac/AQAR2017-18.pdf																
4. Whether Academic Calendar prepared during the year			Yes																
if yes,whether it is uploaded in the institutional website: Weblink :			https://www.tnpesu.org/upload/Academic%20Calender-2018-19.pdf																
5. Accrediation Details																			
<table border="1"> <tr> <th rowspan="2">Cycle</th> <th rowspan="2">Grade</th> <th rowspan="2">CGPA</th> <th rowspan="2">Year of Accrediation</th> <th colspan="2">Validity</th> </tr> <tr> <th>Period From</th> <th>Period To</th> </tr> <tr> <td>1</td> <td>B++</td> <td>2.92</td> <td>2016</td> <td>05-Nov-2016</td> <td>04-Nov-2021</td> </tr> </table>						Cycle	Grade	CGPA	Year of Accrediation	Validity		Period From	Period To	1	B++	2.92	2016	05-Nov-2016	04-Nov-2021
Cycle	Grade	CGPA	Year of Accrediation	Validity															
				Period From	Period To														
1	B++	2.92	2016	05-Nov-2016	04-Nov-2021														
6. Date of Establishment of IQAC			11-Jul-2017																
7. Internal Quality Assurance System																			
<table border="1"> <tr> <th colspan="3">Quality initiatives by IQAC during the year for promoting quality culture</th> </tr> <tr> <th>Item /Title of the quality initiative by IQAC</th> <th>Date & Duration</th> <th>Number of participants/ beneficiaries</th> </tr> <tr> <td>First meeting of the IQAC</td> <td>06-Jul-2018</td> <td>18</td> </tr> </table>						Quality initiatives by IQAC during the year for promoting quality culture			Item /Title of the quality initiative by IQAC	Date & Duration	Number of participants/ beneficiaries	First meeting of the IQAC	06-Jul-2018	18					
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Item /Title of the quality initiative by IQAC	Date & Duration	Number of participants/ beneficiaries																	
First meeting of the IQAC	06-Jul-2018	18																	

members	1	
Orientation for freshers (Phase I)	18-Jul-2018 1	170
Orientation for freshers (Phase II)	21-Aug-2018 1	140
Promotional activities of the University	31-Aug-2018 365	600
Conduct of six weeks summer and winter coaching camps under SAI scheme	31-Aug-2018 84	110
Establishing Wifi facility in campus	01-Nov-2018 365	600
Enhancing collaborative linkages with other Institutions for teaching and Research	01-Nov-2018 365	550
IT Applications in administration and Library	01-Nov-2018 365	600
Enhancement of staff welfare schemes	29-Nov-2018 365	65
Conduct of Academic and Administrative Audit	28-Mar-2019 365	6

L::asset('/','public').'/public/index.php/admin/get_file?file_path='.encrypt('Postacc/Special_Status/'. \$instdata->upload_special_status))}

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8. Provide the list of Special Status conferred by Central/ State Government-UGC/CSIR/DST/DBT/ICMR/TEQIP/World Bank/CPE of UGC etc.

Institution/Department/Faculty	Scheme	Funding Agency	Year of award with duration	Amount
University Library	Innovative program	TANII	2019 365	7150000
Physical Education	Innovative program	TANII	2019 365	13150000
Physical Education	Innovative program	TANII	2019 365	1940000
Sports Biomechanics and Kinesiology	Innovative program	TANII	2019 365	3090000
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9. Whether composition of IQAC as per latest NAAC guidelines:

Yes

Upload latest notification of formation of IQAC	View Link
10. Number of IQAC meetings held during the year :	3
The minutes of IQAC meeting and compliances to the decisions have been uploaded on the institutional website	No
Upload the minutes of meeting and action taken report	No Files Uploaded !!!
11. Whether IQAC received funding from any of the funding agency to support its activities during the year?	No
12. Significant contributions made by IQAC during the current year(maximum five bullets)	
Implemented Choice Based Credit System (CBCS) Conducted Academic and Administrative Audit Establishment of elibrary Wifi enabled Campus Making functional of Sports Sciences Laboratories	
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13. Plan of action chalked out by the IQAC in the beginning of the academic year towards Quality Enhancement and outcome achieved by the end of the academic year	
Plan of Action	Achivements/Outcomes
Student Orientation Program	Conducted in two phases Physical Education Other Sports Sciences
Faculty Development Programs	*Physical Education * Statistics and Computer Applications
Academic and Administrative Audit	Conducted from 27/03/2019 to 30/03/2019
Installing LAN connection	Installed LAN connection in various department
Mentoring System	Maintaining the records and following up with the students
All India Inter University Badminton Tournaments	Conducted in collaboration with SDAT
All India Inter University Net Ball for men and women	Conducted with AIU
AISHE report	Submission of AISHE report
Collaboration with sports academies	Organised summer coaching six weeks programme in different sports under the aiges of Sports Authority of India
Departments to Conduct nternational conference/Workshop, invited lectures, certification level courses	conducted International conferences/workshops and certification level course

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14. Whether AQAR was placed before statutory body ?

Yes

Name of Statutory Body

Meeting Date

Academic council

12-Jun-2019

15. Whether NAAC/or any other accredited body(s) visited IQAC or interacted with it to assess the functioning ?

No

16. Whether institutional data submitted to AISHE:

Yes

Year of Submission

2019

Date of Submission

14-Mar-2019

17. Does the Institution have Management Information System ?

Yes

If yes, give a brief description and a list of modules currently operational (maximum 500 words)

This University Library has been fully automated using NIRMALS SUITE 2016, Library automation software. The software facilitates Library management in several aspects such as Gate Entry Management System, automated circulation of books, Book Purchase, Bibliographic data entry and retrieval, Journal Subscription module, Theses entry module, Membership data management module, Article Indexing module, Online Public Access Catalogue module. Daily reports pertaining to the above Library operations shall be generated using this software. This Software also facilitates the students to access all the library resources in a single platform that is online open access catalogue. And they have the chance to reserve the books which is under lending. Stock verification can be made using this software.

Part B

CRITERION I – CURRICULAR ASPECTS

1.1 – Curriculum Design and Development

1.1.1 – Programmes for which syllabus revision was carried out during the Academic year

Name of Programme

Programme Code

Programme Specialization

Date of Revision

BPEd	1	Physical Education	23/04/2018
MPed	2	Physical Education	23/04/2018
BSc	12	Exercise Physiology and Nutrition	23/04/2018
MSc	8	Exercise Physiology and Nutrition	23/04/2018
MSc	16	Sports Biomechanics & Kinesiology	23/04/2018
BSc	17	Sports Coaching	23/04/2018
MSc	18	Sports Coaching	23/04/2018
Mtech	20	Sports Technology	23/04/2018
MBA	7	Sports Management	23/04/2018
MSc	22	Psychology	23/04/2018
MSc	24	Sports Psychology	23/04/2018
MSc	14	Sports Psychology & Sociology	23/04/2018
MA	0	Sociology	23/04/2018
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1.1.2 – Programmes/ courses focussed on employability/ entrepreneurship/ skill development during the Academic year

Programme with Code	Programme Specialization	Date of Introduction	Course with Code	Date of Introduction
BPEd	Physical Education	23/04/2018	UPE18AE202 Soft Skills	23/04/2018
MPed	Physical Education	23/04/2018	PPE18AE101 Personality Development and Life coping skills	23/04/2018
MPed	Physical Education	23/04/2018	PPE18AE201 Human Rights	23/04/2018
MPed	Physical Education	23/04/2019	PPE18IN303 Sports Entrepreneur Skill Training or Swachha Bharat Abhiyan	23/04/2018
MSc	Exercise Physiology and Nutrition	23/04/2018	PEN18CL102 Metabolic Calculation	23/04/2018
MSc	Exercise Physiology and Nutrition	23/04/2018	PEN18AE101 Communication Skill	23/04/2018

MSc	Exercise Physiology and Nutrition	23/04/2018	PEN18CL401 Nutrition for Special Population	23/04/2018
MSc	Exercise Physiology and Nutrition	23/04/2018	PEN18CL402 Exercise Assessment	23/04/2018
MSc	Sports Biomechanics and Kinesiology	23/04/2018	PBM18DE002 Foundations of Fitness and Exercise Prescription	23/04/2018
MSc	Sports Biomechanics and Kinesiology	23/04/2018	PBM18DE007 Human Posture and Corrective Exercise	23/04/2018
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1.2 – Academic Flexibility

1.2.1 – New programmes/courses introduced during the Academic year

Programme/Course	Programme Specialization	Dates of Introduction
MSc	Yoga Therapy	02/07/2018
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1.2.2 – Programmes in which Choice Based Credit System (CBCS)/Elective Course System implemented at the University level during the Academic year.

Name of programmes adopting CBCS	Programme Specialization	Date of implementation of CBCS/Elective Course System
BSc	Sports Coaching	02/07/2018
MSc	Sports Coaching	02/07/2018
Mtech	Sports Technology	02/07/2018
MBA	Sports Management	02/07/2018
MA	Sociology	02/07/2018
MSc	Psychology	02/07/2018
MSc	Sports Psychology	02/07/2018
MSc	Sports Psychology and Sociology	02/07/2018
BPed	Physical Education	02/07/2018
MPed	Physical Education	02/07/2018
BSc	Exercise Physiology and Nutrition	02/07/2018
MSc	Exercise Physiology and Nutrition	02/07/2018
MSc	Sports Biomechanics and Kinesiology	02/07/2018
MSc	Yoga	02/07/2018
MSc	Yoga Therapy	02/07/2018

1.3 – Curriculum Enrichment

1.3.1 – Value-added courses imparting transferable and life skills offered during the year

Value Added Courses	Date of Introduction	Number of Students Enrolled
0	30/06/2019	0
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1.3.2 – Field Projects / Internships under taken during the year

Project/Programme Title	Programme Specialization	No. of students enrolled for Field Projects / Internships
BPed	Physical Education I Year	96
BPed	Physical Education II Year	96
MPed	Physical Education I Year	30
MPed	Physical Eductaion	38
MPhil	Physical Eductaion	6
MSc	Exercise Physiology and Nutrition II Year	10
MSc	Yoga I Year	8
MSc	Yoga II Year	12
MSc	Yoga Therapy I Year	4
BSc	Sports Coaching	49
Mtech	Sports Technology	7
MBA	Sports Management	10
MSc	Psychology	3
MSc	Sports Psychology	2
MPhil	Sports Psychology	3
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1.4 – Feedback System

1.4.1 – Whether structured feedback received from all the stakeholders.

Students	Yes
Teachers	Yes
Employers	Yes
Alumni	Yes
Parents	Yes

1.4.2 – How the feedback obtained is being analyzed and utilized for overall development of the institution? (maximum 500 words)

Feedback Obtained
Learning from student's feedback is directed towards providing a professional learning environment. It offers a high quality teaching, assessment and management of learning. As feedback is a fundamental learning and teaching activity, it has a significant impact on student learning and achievement. It

serves as an important function of assessment with regard to the programs offered at the university. It also gives the information about the relevance of the course content and about the teacher. It is an effective strategy, which helps the students to understand the subject being studied and gives them clear guidance on how to improve their learning. It is the core professional responsibility of all the staff of the university to develop high quality curriculum design, teaching methodology and improvise student learning. At TNPESU, the feedback system is implemented by distributing the feedback forms to the students at the end of the semester with regard to the course curriculum and teacher effectiveness for all the courses offered by the Departments. The form contains five points rating scale from excellent to poor. It is an effective strategy which helps the teachers to understand student's point of view to guide them clearly to improve their learning. The information is thus collected and analyzed statistically. Further the results are graphically represented. The results are interpreted by a committee for the betterment of the students, and overall learning process that takes place in the institution by the students as well the teachers. To get the better inputs and point of view for the institution's improvement, the students also need to be considered as one of the important component to give the feedback about the course content, hence a student representative and an alumni also should be a part and parcel of the Board of Studies Committee. The alumni feedback forms are circulated during the alumni meeting of every year as well when the alumni visit the institution during the informal alumni meeting or when they come to the institution as a referee/coach/evaluator/ seminars and workshops. The feedbacks of the students were also collected as one of the source from the institution when the students attend the internship program. Steps are being taken to collect the feedback of the students when they go for internship or get employed through campus interviews from the employers. As they are also one of the vital source to give the feedback of our students performance, they also would be considered in future. To get better results, So, in future, they also need to be included in the Board, and changes in the curriculum to be made according to the need of the market. The other stakeholders include the parents and the feedback has been collected from them for the growth and development of the students and institution. The feedback forms were distributed through the students before the end of the semester to the parents. Over all, the responses from both indicated moderate to high level of satisfaction with the quality of teaching in the institution.

CRITERION II – TEACHING- LEARNING AND EVALUATION

2.1 – Student Enrolment and Profile

2.1.1 – Demand Ratio during the year

Name of the Programme	Programme Specialization	Number of seats available	Number of Application received	Students Enrolled
BPEd	Physical Education	100	178	100
MPed	Physical Education	40	64	31
MPhil	Physical Education	12	10	6
BSc	Exercise Physiology and Nutrition	50	39	22
MSc	Exercise Physiology and Nutrition	30	11	10

MPhil	Exercise Physiology and Nutrition	5	3	1
MSc	Sports Biomechanics and Kinesiology	30	11	9
MPhil	Sports Biomechanics and Kinesiology	1	1	1
MSc	Yoga	30	23	10
MPhil	Yoga	5	18	2
MSc	Yoga Therapy	30	10	4
BSc	Sports Coaching	50	122	45
Mtech	Sports Technology	9	8	5
MBA	Sports Mnagement	15	23	12
MSc	Psychology	30	1	0
MSc	Sports Psychology	30	12	9
MPhil	Sports Psychology	5	7	5
MPhil	Sociology	3	1	1
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2.2 – Catering to Student Diversity

2.2.1 – Student - Full time teacher ratio (current year data)

Year	Number of students enrolled in the institution (UG)	Number of students enrolled in the institution (PG)	Number of fulltime teachers available in the institution teaching only UG courses	Number of fulltime teachers available in the institution teaching only PG courses	Number of teachers teaching both UG and PG courses
2018	377	175	4	27	9

2.3 – Teaching - Learning Process

2.3.1 – Percentage of teachers using ICT for effective teaching with Learning Management Systems (LMS), E-learning resources etc. (current year data)

Number of Teachers on Roll	Number of teachers using ICT (LMS, e-Resources)	ICT Tools and resources available	Number of ICT enabled Classrooms	Numberof smart classrooms	E-resources and techniques used
40	40	8	8	1	534
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2.3.2 – Students mentoring system available in the institution? Give details. (maximum 500 words)

“Mentoring is a brain to pick, an ear to listen, and a push in the right direction.” – John Crosby TNPESU is

committed to provide the students with mentors who can support them in achieving their personal, academic and career goals. Through mentoring program students will have the opportunity to enter into a collaborative relationship with a mentor who is focused on their success. Mentors will offer support, encouragement, motivation and share skills that enable success. Done right, mentoring is one of the most powerful and efficient tools to help people grow and advance. Mentors are chosen to share their knowledge, skills and experience to support the students through mentorship. The relationship between mentor and mentee will be a close and supportive one, inspiring mentor to give their best and motivating them to make a difference in the mentee's future. It is the process of working together to discover and develop the mentee's abilities. It is about helping the mentee become more self aware, taking responsibility for their life and steering it in the right direction. In this program, the mentor will be the person to help the mentee in the examination and development of their own ideas, learning and personal growth, and will also help the mentee develop their network, and think about next steps after graduating from the University. Mentors will be there to provide counselling and encouragement, and also to challenge the mentee to perform at their best. The students are divided into groups based on teacher student ratio and periodical meetings were conducted once in fortnight. The students issues and progress will be monitored by the mentors and a record is maintained for each mentee by their respective mentors.

Number of students enrolled in the institution	Number of fulltime teachers	Mentor : Mentee Ratio
552	40	1:14

2.4 – Teacher Profile and Quality

2.4.1 – Number of full time teachers appointed during the year

No. of sanctioned positions	No. of filled positions	Vacant positions	Positions filled during the current year	No. of faculty with Ph.D
46	28	18	0	28

2.4.2 – Honours and recognition received by teachers (received awards, recognition, fellowships at State, National, International level from Government, recognised bodies during the year)

Year of Award	Name of full time teachers receiving awards from state level, national level, international level	Designation	Name of the award, fellowship, received from Government or recognized bodies
2018	S. Selvalakshmi	Assistant Professor	BKIRF Awards Distinguished Researcher in Yoga
2019	S. Selvalakshmi	Assistant Professor	Pathanjali Yoga Samidhi Award Sirandha Penmani
2019	Dr. R. Subramanian	Professor	IFPEFSSA Award His contribution in the field of Physical Education
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2.5 – Evaluation Process and Reforms

2.5.1 – Number of days from the date of semester-end/ year- end examination till the declaration of results during the year

Programme Name	Programme Code	Semester/ year	Last date of the last semester-end/ year-end examination	Date of declaration of results of semester-end/ year- end examination
BPed	1	IV SEMESTER	14/05/2019	15/07/2019
MPed	2	IV SEMESTER	14/05/2019	15/07/2019

MPhil	3	II SEMESTER	14/05/2019	15/07/2019
BSc	12	VI SEMESTER	14/05/2019	15/07/2019
MSc	8	IV SEMESTER	14/05/2019	15/07/2019
MPhil	13	II SEMESTER	14/05/2019	15/07/2019
MSc	16	IV SEMESTER	14/05/2019	15/07/2019
MSc	6	IV SEMESTER	14/05/2019	15/07/2019
MPhil	10	II SEMESTER	14/05/2019	15/07/2019
BSc	17	VI SEMESTER	14/05/2019	15/07/2019
Mtech	20	IV SEMESTER IV SEMESTER IV SEMESTER	14/05/2019	15/07/2019
MBA	7	IV SEMESTER	14/05/2019	15/07/2019
MSc	22	IV SEMESTER	14/05/2019	15/07/2019
MSc	24	IV SEMESTER	14/05/2019	15/07/2019
MPhil	25	II SEMESTER	14/05/2019	15/07/2019
MPhil	26	II SEMESTER	14/05/2019	15/07/2019
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2.5.2 – Average percentage of Student complaints/grievances about evaluation against total number appeared in the examinations during the year

Number of complaints or grievances about evaluation	Total number of students appeared in the examination	Percentage
0	514	69.64

2.6 – Student Performance and Learning Outcomes

2.6.1 – Program outcomes, program specific outcomes and course outcomes for all programs offered by the institution are stated and displayed in website of the institution (to provide the weblink)

<http://www.tnpesu.org/igac/Program&Course-outcomes.pdf>

2.6.2 – Pass percentage of students

Programme Code	Programme Name	Programme Specialization	Number of students appeared in the final year examination	Number of students passed in final year examination	Pass Percentage
1	BPed	Physical Eductaion	100	66	66
2	MPed	Physical Eductaion	40	34	85
3	MPhil	Physical Eductaion	6	6	100
12	BSc	Exercise Physiology and Nutrition	12	7	58
8	MSc	Exercise Physiology and	8	6	75

		Nutrition			
13	MPhil	Exercise Physiology and Nutrition	1	0	0
16	MSc	Sports Biomechanics and Kinesiology	2	1	50
21	MPhil	Sports Biomechanics and Kinesiology	1	1	100
6	MSc	Yoga	13	12	92
10	MPhil	Yoga	2	2	100
17	BSc	Sports Coaching	49	23	47
20	Mtech	Sports Technology	2	2	100
7	MBA	Sports Management	11	9	82
22	MSc	Psychology	3	3	100
24	MSc	Sports Psychology	2	2	100
25	MPhil	Sports Psychology	5	2	40
26	MPhil	Sociology	1	1	100
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2.7 – Student Satisfaction Survey

2.7.1 – Student Satisfaction Survey (SSS) on overall institutional performance (Institution may design the questionnaire) (results and details be provided as weblink)

<http://www.tnpsu.org/igac/Student-Satisfaction-Survey.pdf>

CRITERION III – RESEARCH, INNOVATIONS AND EXTENSION

3.1 – Promotion of Research and Facilities

3.1.1 – Teachers awarded National/International fellowship for advanced studies/ research during the year

Type	Name of the teacher awarded the fellowship	Name of the award	Date of award	Awarding agency
National	0	0	30/06/2019	0
International	0	0	30/06/2019	0
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3.1.2 – Number of JRFs, SRFs, Post Doctoral Fellows, Research Associates and other fellows in the Institution enrolled during the year

Name of Research fellowship	Duration of the fellowship	Funding Agency
0	0	0

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3.2 – Resource Mobilization for Research

3.2.1 – Research funds sanctioned and received from various agencies, industry and other organisations

Nature of the Project	Duration	Name of the funding agency	Total grant sanctioned	Amount received during the year
Major Projects	2018	TANII	250	71.5
Major Projects	2019	TANII	160	131.5
Major Projects	2019	TANII	22.05	19.4
Major Projects	2019	TANII	130	30.9
Total	2019	TANII	562.05	253.3

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3.3 – Innovation Ecosystem

3.3.1 – Workshops/Seminars Conducted on Intellectual Property Rights (IPR) and Industry-Academia Innovative practices during the year

Title of workshop/seminar	Name of the Dept.	Date
IPR for research scholars	IQAC	15/03/2019

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3.3.2 – Awards for Innovation won by Institution/Teachers/Research scholars/Students during the year

Title of the innovation	Name of Awardee	Awarding Agency	Date of award	Category
0	0	0	30/06/2019	0

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3.3.3 – No. of Incubation centre created, start-ups incubated on campus during the year

Incubation Center	Name	Sponsored By	Name of the Start-up	Nature of Start-up	Date of Commencement
0	0	0	0	0	30/06/2019

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3.4 – Research Publications and Awards

3.4.1 – Ph. Ds awarded during the year

Name of the Department	Number of PhD's Awarded
Physical Education	28
Yoga	12
Sports Coaching	1
Sports Psychology and Sociology	1

3.4.2 – Research Publications in the Journals notified on UGC website during the year

Type	Department	Number of Publication	Average Impact Factor (if any)
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International	Physical Education	16	5.22
National	Physical Education	5	0
International	Exercise Physiology and Nutrition	15	6.44
National	Exercise Physiology and Nutrition	4	0
International	Sports Biomechanics and Kinesiology	7	0
International	Yoga	8	5.7
International	Sports Coaching	5	0
National	Sports Coaching	4	0
International	Sports Teechnology	4	0
National	Sports Teechnology	1	0
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3.4.3 – Books and Chapters in edited Volumes / Books published, and papers in National/International Conference Proceedings per Teacher during the year

Department	Number of Publication
Physical Education	3
Physical Education	4
Physical Education	3
Physical Education	3
Physical Education	3
Physical Education	2
Physical Education	4
Exercise Physiology and Nutrition	1
Exercise Physiology and Nutrition	5
Biomechanics and Kinesiology	5
Biomechanics and Kinesiology	1
Yoga	2
Yoga	4
Sports coaching	3
Sports coaching	3
Sports Technology	5
Sports Management	2
Sports Psychology and Sociology	5
Sports Psychology and Sociology	2

Sports Psychology and Sociology	2
Sports Psychology and Sociology	5
Supporting Departments	5
Supporting Departments	2
Supporting Departments	1
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3.4.4 – Patents published/awarded/applied during the year

Patent Details	Patent status	Patent Number	Date of Award
0	Published	0	30/06/2019
0	Filed	0	30/06/2019
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3.4.5 – Bibliometrics of the publications during the last academic year based on average citation index in Scopus/ Web of Science or PubMed/ Indian Citation Index

Title of the Paper	Name of Author	Title of journal	Year of publication	Citation Index	Institutional affiliation as mentioned in the publication	Number of citations excluding self citation
0	0	0	2018	0	0	0
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3.4.6 – h-Index of the Institutional Publications during the year. (based on Scopus/ Web of science)

Title of the Paper	Name of Author	Title of journal	Year of publication	h-index	Number of citations excluding self citation	Institutional affiliation as mentioned in the publication
Correlation between kinematic variables and goal keeping performance in penalty stroke	Rajini Kumar Palaniyappan	International Society for Biomechanics in Sports	2018	1	4	TNPESU
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3.4.7 – Faculty participation in Seminars/Conferences and Symposia during the year

Number of Faculty	International	National	State	Local
Attended/Seminars/Workshops	73	32	4	1
Presented papers	38	25	8	0
Resource persons	12	15	8	0
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3.5 – Consultancy

3.5.1 – Revenue generated from Consultancy during the year

Name of the Consultan(s) department	Name of consultancy project	Consulting/Sponsoring Agency	Revenue generated (amount in rupees)
0	0	0	0
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3.5.2 – Revenue generated from Corporate Training by the institution during the year

Name of the Consultan(s) department	Title of the programme	Agency seeking / training	Revenue generated (amount in rupees)	Number of trainees
0	0	0	0	0
No file uploaded.				

3.6 – Extension Activities

3.6.1 – Number of extension and outreach programmes conducted in collaboration with industry, community and Non- Government Organisations through NSS/NCC/Red cross/Youth Red Cross (YRC) etc., during the year

Title of the activities	Organising unit/agency/ collaborating agency	Number of teachers participated in such activities	Number of students participated in such activities
Voters day Oath taking	NSSUnit, TNPESU	10	150
Republic day celebration	NSSUnit, TNPESU	40	460
Swaach Bharath Activity	NSSUnit, TNPESU	10	150
Special Tree planting programme	NSSUnit, TNPESU	2	100
Special Programme : Campus cleaning and Library shifting	NSSUnit, TNPESU	2	50
Blood donation and General Medical checkup	NSSUnit, TNPESU	2	25
Anti Plastic programme	NSSUnit, TNPESU	10	250
Dental Camp	NSSUnit, TNPESU	4	250
Special Tree planting programme	NSSUnit, TNPESU	30	250
Special Raod Safety awareness Programme	NSSUnit, TNPESU	4	150
Special Programem for 400 m track cleaning	NSSUnit, TNPESU	10	200
Special programme for Indore Stadium surrounding cleaning	NSSUnit, TNPESU	10	200

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3.6.2 – Awards and recognition received for extension activities from Government and other recognized bodies during the year

Name of the activity	Award/Recognition	Awarding Bodies	Number of students Benefited
0	0	0	0
No file uploaded.			

3.6.3 – Students participating in extension activities with Government Organisations, Non-Government Organisations and programmes such as Swachh Bharat, Aids Awareness, Gender Issue, etc. during the year

Name of the scheme	Organising unit/Agency/collaborating agency	Name of the activity	Number of teachers participated in such activities	Number of students participated in such activities
Swaach Bharath	NSSUnit, TNPESU	Swaach Bharath Activity	10	150
Aids awareness	NSSUnit, TNPESU	Special Road Safety awareness Programme	4	150
Blood donation and medical camp	NSSUnit, TNPESU	Blood donation and General Medical checkup	2	25
Dental Camp	NSSUnit, TNPESU	Dental checkup	4	250
Anti Plastic programme	NSSUnit, TNPESU	Cleaning	10	250
Voters Day	NSSUnit, TNPESU	Oath taking	10	150
World Nutrition Week	Exercise Physiology Departemnt, TNPESU	World Nutrition Week	7	250
Plastic Ban Campaign	IQAC, TNPESU	Signature campaign	75	360
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3.7 – Collaborations

3.7.1 – Number of Collaborative activities for research, faculty exchange, student exchange during the year

Nature of activity	Participant	Source of financial support	Duration
0	0	0	0
No file uploaded.			

3.7.2 – Linkages with institutions/industries for internship, on-the- job training, project work, sharing of research facilities etc. during the year

Nature of linkage	Title of the linkage	Name of the partnering institution/ industry	Duration From	Duration To	Participant

		/research lab with contact details			
Internship	Coaching Practice	Govt. Higher Sec. School, Iyya pathangal	02/01/2019	12/01/2019	1
Internship	Coaching Practice	Govt. Higher Sec. School, Chat hiramanai	02/01/2019	12/01/2019	1
Internship	Coaching Practice	Govt. Higher Sec. School, Thamampatti	02/01/2019	12/01/2019	3
Internship	Coaching Practice	Govt. Higher Sec. School, Mambakkam	02/01/2019	12/01/2019	9
Internship	Coaching Practice	Govt. Higher Sec. School, Mangalapuram	02/01/2019	12/01/2019	1
Internship	Coaching Practice	Govt. Higher Sec. School, Cherambadi	02/01/2019	12/01/2019	1
Internship	Coaching Practice	Govt. Higher Sec. School, Sembakkam	02/01/2019	12/01/2019	1
Internship	Coaching Practice	Govt. Higher Sec. School, Ammapalaiyam	02/01/2019	12/01/2019	2
Internship	Coaching Practice	CSI High sec. School , Ikkadu	02/01/2019	12/01/2019	2
Internship	Coaching Practice	PHN Higher Sec. School, Kamtchpuram	02/01/2019	12/01/2019	3
Internship	Coaching Practice	Govt. High School, Mount Zion, Chlapuram	02/01/2019	12/01/2019	2
Internship	Coaching Practice	Govt. High School, Peramanur	02/01/2019	12/01/2019	2
Internship	Coaching Practice	Govt. High School, Mann athivayal	02/01/2019	12/01/2019	2
Internship	Coaching	Dr.	02/01/2019	12/01/2019	1

	Practice	Mangalam Higer Sec. School, Katt ankalatur			
Internship	Coaching Practice	Rathinagiri Bageerathan Mat. Hr. Sec. School	02/01/2019	12/01/2019	3
Internship	Coaching Practice	Stemform Futuristic School Chidambaram 01	02/01/2019	12/01/2019	2
Internship	Coaching Practice	Annai Meenatchi Public School 01	02/01/2019	12/01/2019	2
Internship	Coaching Practice	Sri Kailasa Middle School ,Idiakal 01	02/01/2019	12/01/2019	2
Internship	Coaching Practice	Thiruvallu var Higher Sec. School Gudiyatam	02/01/2019	12/01/2019	2
Internship	Coaching Practice	Govt. Municipal School Olor, Tambaram 01	02/01/2019	12/01/2019	2
Internship	Coaching Practice	Govt. high School Kuruv inatham, Puducherry 01	02/01/2019	12/01/2019	2
Internship	Coaching Practice	Velam Vikhass mat. Higher Sec. School 01	02/01/2019	12/01/2019	1
Internship	Coaching Practice	Govt. Girls High School , Panruti 01	02/01/2019	12/01/2019	2
Internship	Event Management	Tamil Nadu Rugby Football Union, Kotturpuram	05/12/2018	10/02/2019	2
Internship	Event Management	Smashbounce Pvt. Ltd. , Valsaravakka	17/12/2018	08/03/2019	1

		m, Chennai			
Internship	Event Management	Mizoram Football Association	10/12/2018	10/02/2019	1
Internship	Event Management	UKHRUL Football Club	16/02/2019	21/02/2019	1
Internship	Event Management	Decathlon Sports India Pvt. Ltd., Bangalore	07/12/2018	10/02/2019	1
Internship	Event Management	Group of Asian Football Coaching Association (GAFCA)	14/12/2018	14/02/2019	1
Internship	Event Management	White Planet Pvt. Ltd., Adyar, Chennai	05/12/2018	10/02/2019	1
Internship	Event Management	Hado Consultech Pvt. Ltd., Nungambakkam, Chennai	06/12/2018	05/02/2019	1
Internship	Event Management	Alaigal Adventure and Water Sports Academy LLP, Chennai	06/12/2018	05/01/2019	1
Internship	Psychological assessments, intervention in Sports	NIEPMD	07/03/2019	05/04/2019	6
Internship	Psychological assessments, intervention in Sports	Goa Football Association	16/02/2019	30/03/2019	1
Internship	Psychological assessments, intervention in Sports	NIS, Patiala	01/01/2019	31/01/2019	1
Internship	Assessment of Diet , Nutrition and Fitness	Tagore Medical College,	31/01/2019	14/02/2019	10
Internship	Yoga training and	Schools in and outside	24/12/2018	12/01/2019	24

	practices	Tamil Nadu			
Internship	Teaching Practice	Jeyasree Muthukum Araswami Govt. High School, Chrompet	31/01/2019	14/02/2019	4
Internship	Teaching Practice	St. Marys Matric Higher Sec. School, Nandivanam	31/01/2019	14/02/2019	2
Internship	Teaching Practice	Boaz Public School, Chennai	31/01/2019	14/02/2019	2
Internship	Teaching Practice	Delhi Public School, Mela kottaiyur	31/01/2019	14/02/2019	11
Internship	Teaching Practice	voilet mat rication Higher Sec. School, Chennai	31/01/2019	14/02/2019	2
Internship	Teaching Practice	MCC Campus School, chennai	31/01/2019	14/02/2019	10
Internship	Teaching Practice	Santhosh Vidyalaya Mat School Tambaram Chennai	31/01/2019	14/02/2019	2
Internship	Teaching Practice	Gurugulam School Kovalam Chennai	31/01/2019	14/02/2019	2
Internship	Teaching Practice	Seventh Adventist Mat Higher Secondary School Kadappari	31/01/2019	14/02/2019	2
Internship	Teaching Practice	St Anne's Metric Higher Secondary School, Chennai	31/01/2019	14/02/2019	2
Internship	Teaching Practice	St Vincent Pallotti Mat Higher Sec School	31/01/2019	14/02/2019	3

		Chennai			
Internship	Teaching Practice	N.S N Memorial School Chennai	31/01/2019	14/02/2019	6
Internship	Teaching Practice	Sushil Hari International School Chennai	31/01/2019	14/02/2019	10
Internship	Teaching Practice	St Joseph Mat School Chennai	31/01/2019	14/02/2019	12
Internship	Teaching Practice	Hilton Metric Higher Secondary School Chennai	31/01/2019	14/02/2019	4
Internship	Teaching Practice	Alpha Mat Higher Secondary School Chennai	31/01/2019	14/02/2019	3
Internship	Teaching Practice	Alwin Memorial School Chennai	31/01/2019	14/02/2019	4
Internship	Teaching Practice	Zion Mat Higher Secondary School	31/01/2019	14/02/2019	3
Internship	Teaching Practice	St Paul's Mat Higher Secondary School	31/01/2019	14/02/2019	4
Internship	Teaching Practice	Shanthi Nikethan Mat Higher Secondary School	31/01/2019	14/02/2019	4
Internship	Teaching Practice	Saraswathi Mat School Chennai	31/01/2019	14/02/2019	5
Internship	Teaching Practice	N SN Anex Mat Higher Secondary School	31/01/2019	14/02/2019	3
Internship	Teaching Practice	Government Higher Secondary School Chennai	31/01/2019	14/02/2019	25

Internship	Teaching Practice	Lydia Mat School Chennai	31/01/2019	14/02/2019	2
Internship	Teaching Practice	Agni College of Technology Chennai	31/01/2019	14/02/2019	8
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3.7.3 – MoUs signed with institutions of national, international importance, other universities, industries, corporate houses etc. during the year

Organisation	Date of MoU signed	Purpose/Activities	Number of students/teachers participated under MoUs
Amet University, Chennai	01/11/2018	Students exchange, exchange of programmes, experiences, skills, techniques information and knowledge	30
Salem University, West Virginia, USA	08/03/2019	Education and Research Activity, Faculty and Student Exchange	15
German Univeristy of Physical Education and Sport Sciences, Cologne, Germany	11/03/2019	Education and Profession Exchange, Field Placement and Scholarly Research	12
Central Leather Research Institute, Adyar, Chennai	01/04/2019	Academic Research and Student and Faculty Exchange	25
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CRITERION IV – INFRASTRUCTURE AND LEARNING RESOURCES

4.1 – Physical Facilities

4.1.1 – Budget allocation, excluding salary for infrastructure augmentation during the year

Budget allocated for infrastructure augmentation	Budget utilized for infrastructure development
2059.24	2059.24

4.1.2 – Details of augmentation in infrastructure facilities during the year

Facilities	Existing or Newly Added
Campus Area	Existing
Class rooms	Newly Added
Laboratories	Newly Added
Seminar Halls	Newly Added
Classrooms with LCD facilities	Newly Added
Seminar halls with ICT facilities	Newly Added

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4.2 – Library as a Learning Resource

4.2.1 – Library is automated {Integrated Library Management System (ILMS)}

Name of the ILMS software	Nature of automation (fully or partially)	Version	Year of automation
NIRMALS SUITE	Fully	NIRMALS SUITE 2016 Version 1.0.0.0	2008

4.2.2 – Library Services

Library Service Type	Existing		Newly Added		Total	
Text Books	4068	0	965	2118905	5033	2118905
Reference Books	0	0	804	0	804	0
e-Books	237	0	77	1029308	314	1029308
e-Journals	0	0	17	99374431	17	99374431
Digital Database	0	0	2	37807125	2	37807125
CD & Video	43	0	0	0	43	0
Library Automation	1	55000	0	11000	1	66000

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4.2.3 – E-content developed by teachers such as: e-PG- Pathshala, CEC (under e-PG- Pathshala CEC (Under Graduate) SWAYAM other MOOCs platform NPTEL/NMEICT/any other Government initiatives & institutional (Learning Management System (LMS) etc

Name of the Teacher	Name of the Module	Platform on which module is developed	Date of launching e-content
0	0	0	30/06/2019

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4.3 – IT Infrastructure

4.3.1 – Technology Upgradation (overall)

Type	Total Computers	Computer Lab	Internet	Browsing centers	Computer Centers	Office	Departments	Available Bandwidth (MBPS/GBPS)	Others
Existing	85	1	1	39	1	30	35	1	0
Added	24	0	0	0	0	5	0	0	0
Total	109	1	1	39	1	35	35	1	0

4.3.2 – Bandwidth available of internet connection in the Institution (Leased line)

1 MBPS/ GBPS

4.3.3 – Facility for e-content

Name of the e-content development facility	Provide the link of the videos and media centre and recording facility
NIL	NIL

4.4 – Maintenance of Campus Infrastructure

4.4.1 – Expenditure incurred on maintenance of physical facilities and academic support facilities, excluding salary component, during the year

Assigned Budget on academic facilities	Expenditure incurred on maintenance of academic facilities	Assigned budget on physical facilities	Expenditure incurred on maintenance of physical facilities
5000000	5000000	2059.24	2059.24

4.4.2 – Procedures and policies for maintaining and utilizing physical, academic and support facilities - laboratory, library, sports complex, computers, classrooms etc. (maximum 500 words) (information to be available in institutional Website, provide link)

Nill
http://www.tnpesu.org/iqac/Procedures-for-Maintaining-Campus-Infrastructure.pdf

CRITERION V – STUDENT SUPPORT AND PROGRESSION

5.1 – Student Support

5.1.1 – Scholarships and Financial Support

	Name/Title of the scheme	Number of students	Amount in Rupees
Financial Support from institution	SC/ST, BC/MBC	230	3015334
Financial Support from Other Sources			
a) National	ICSSR	1	260000
b) International	0	0	0
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5.1.2 – Number of capability enhancement and development schemes such as Soft skill development, Remedial coaching, Language lab, Bridge courses, Yoga, Meditation, Personal Counselling and Mentoring etc.,

Name of the capability enhancement scheme	Date of implemetation	Number of students enrolled	Agencies involved
Yoga	17/07/2018	350	Department of Yoga, TNPESU
Orientation for freshers Phase I	18/07/2018	170	IQAC, TNPESU
Psychological Counselling	07/08/2018	26	Department of Sports Psychology and Sociology
Soft Skill	10/08/2018	60	Deaprtments of TNPESU
Orientation for library	10/08/2018	220	Librarian
Orientation for freshers Phase II	21/08/2018	140	IQAC, TNPESU

Bridge course	23/08/2018	240	Departments of TNPESU
Meditation	29/08/2018	260	Department of Yoga
Mentoring	13/09/2018	552	TNPESU
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5.1.3 – Students benefited by guidance for competitive examinations and career counselling offered by the institution during the year

Year	Name of the scheme	Number of benefited students for competitive examination	Number of benefited students by career counseling activities	Number of students who have passed in the comp. exam	Number of students placed
2018	0	0	0	0	0
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5.1.4 – Institutional mechanism for transparency, timely redressal of student grievances, Prevention of sexual harassment and ragging cases during the year

Total grievances received	Number of grievances redressed	Avg. number of days for grievance redressal
0	0	0

5.2 – Student Progression

5.2.1 – Details of campus placement during the year

On campus			Off campus		
Name of organizations visited	Number of students participated	Number of students placed	Name of organizations visited	Number of students participated	Number of students placed
Inspiring Fitness Services (OPC) Pvt. Ltd., Chennai 600130, The Indian Public Schools, Coimbatore and Chennai, Playfield Pvt. Ltd., Pondicherry, Rite Stride Pvt. Ltd., Chennai	105	28	Nil	0	0
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5.2.2 – Student progression to higher education in percentage during the year

Year	Number of students enrolling into	Programme graduated from	Department graduated from	Name of institution joined	Name of programme admitted to
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	higher education				
2018	30	B.P.Ed	Physical Education	TNPESU	M.P.Ed
2018	11	M.P.Ed	Physical Education	TNPESU	M.Phil
2018	1	B.Sc	Exercise Physiology	TNPESU	M.Sc
2018	2	M.SC	Exercise Physiology	TNPESU	M.Phil
2018	1	M.SC	Exercise Physiology	TNPESU	Ph.D
2018	1	M.SC	Yoga	TNPESU	M.Phil
2018	1	M.Phil	Yoga	TNPESU	Ph.D
2018	7	B.Sc	Sports Coaching	TNPESU	B.P.Ed
2018	1	B.Sc	Sports Coaching	Bharathiyar University	B.P.Ed
2018	2	B.Sc	Sports Coaching	TNPESU	M.Sc
2018	3	B.Sc	Sports Coaching	YMCA	B.P.Ed
2018	1	B.Sc	Sports Coaching	Sawita College of Physical Education	B.P.Ed
2018	1	B.Sc	Sports Coaching	TNPESU	MBA
2018	2	MBA	Sports Management	TNPESU	M.Phil
2018	1	MBA	Sports Management	TNPESU	M.Tech
2018	1	MBA	Sports Management	TNPESU	Ph.D
2018	1	M.SC	Sports Psychology and Sociology	TNPESU	M.Phil
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5.2.3 – Students qualifying in state/ national/ international level examinations during the year
(eg:NET/SET/SLET/GATE/GMAT/CAT/GRE/TOFEL/Civil Services/State Government Services)

Items	Number of students selected/ qualifying
NET	2
Any Other	2
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5.2.4 – Sports and cultural activities / competitions organised at the institution level during the year

Activity	Level	Number of Participants
Basketball	Intercollege	24
Football	Intercollege	40
Hockey	Intercollege	36
Running	Cross country	6
Canoeing and Kayaking	Inter University	17
Badminton	Inter University	20
Hockey	State	20
Netball	Inter University	24
Rangoli competition	Institution	16
Dance competition	Institution	40
Open fire cooking competition	Institution	80
Talent showcase	Institution	35
Yoga demonstration	Institution	25
Poster making	Institution	20
Teachers Day	Institution	250
Republic Day Dance	Institution	30
Independence Day Skit	Institution	20
Trade fair	Institution	10
Hostel Day	Institution	200
National Sports Day	Institution	425
Womens Day	Institution	30
Wrestling	Inter University	4
Pencak Silat	Inter University	11
Kabbadi	Inter University	12
Weight lifting	Inter University	2
Athletics	Inter University	16
Judo	Inter University	9
Archery	Inter University	4
Ball Badminton	Inter University	20
Fencing	Inter University	7
Boxing	Inter University	11
Football	Inter University	10
Grappling	Inter University	1
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5.3 – Student Participation and Activities

5.3.1 – Number of awards/medals for outstanding performance in sports/cultural activities at national/international level (award for a team event should be counted as one)

Year	Name of the award/medal	National/ Internaional	Number of awards for	Number of awards for	Student ID number	Name of the student
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			Sports	Cultural		
2018	World Tenniquoit championsh ip 2018	Internat ional	1	0	20175101 094	G.Thirug nanam
2018	World Tenniquoit championsh ip 2018	Internat ional	1	0	20185101 039	N.Magesh wari
2018	Senior National T enniqyuoit championsh ip	National	1	0	20185101 039	N.Magesh wari
2019	Senior National T enniqyuoit championsh ip	National	2	0	20175101 094	G.Thirug nanam
2019	PENCAK SILAT - All India Inter Univeristy championsh ip	National	1	0	20175517 038	Rahul
2018	Senior South Zone Archery Co mpetition	National	1	0	20185424 003	Hemamalini
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5.3.2 – Activity of Student Council & representation of students on academic & administrative bodies/committees of the institution (maximum 500 words)

The Board of Studies of the various departments have representatives of students and alumni bringing a students' perspective in curriculum and syllabus development. They are taken in the committee of Internal Quality Assurance Cell to play an important role in creating, maintaining and enhancing quality in all spheres of the university. The hostels for both men and women has a mess committee comprising of a representative of each class to focus on health, hygiene and nutritional needs which is a significant role in a sports training. The student members are enlisted in the organising and executing of all the inter department / college / university tournaments. They are involved in the marking of the playgrounds for the different sports and games. The university has a student grievance committee comprising of a student representative to look into the needs of the students. The physical education department organises various awareness programs where the students take the integral role in conducting the complete camps. The leadership camps as a part of the curriculum is conducted by the department of physical education, encourages students to take up responsibilities and duties to initiate, execute and manage the complete show. They are the integral part of our awareness program in the various health camps organised by the university. The students are given a free rein to design, organise and conduct different events under the banner of Project Meet. The students find this platform an arena to exhibit their academic training practically from being lines man, umpiring, refereeing during

each game. The university encourages our students to participate in various events across the state and country. Our students have the privilege of serving as referees, umpires in the various tournaments organised at the university at intercollege/interuniversity levels.

5.4 – Alumni Engagement

5.4.1 – Whether the institution has registered Alumni Association?

Yes

The Alumni Association was established in the academic year 201819. It was inaugurated on 21.12.2018 by Dr. Radha Krishnan, Registrar, TNPESU. The association members comprises of President Mr. Ganesh, Secretary Mr. Jamal Sherif, Treasurer Dr. Kannadasan and other faculty members and students. The association aims at enhancing relationship between the formal students and teachers and also to establish the professional network among them with enriching experiences. The alumnae students are kept in constant touch with various department and faculties to collect details. The alumnae students are provided with proper inputs and information regarding training programs and other placement related activities that happens within campus and out of campus. The Alumni association members are informed to invite the old students for the workshops, conferences and seminars conducted at the institution and also the old students in eminent positions are invited as a resource person for various lectures and training programs. The Old students are invited informally for pep talks to share their industrial experiences and the growing avenues in the respective fields. Regular annual meeting is conducted for alumnae students for which the faculties and current students get involved to provide warmth and also plans events with care to establish rapport among the entire crowd.

5.4.2 – No. of registered Alumni:

2806

5.4.3 – Alumni contribution during the year (in Rupees) :

102375

5.4.4 – Meetings/activities organized by Alumni Association :

Alumni meetings are conducted once in a year. The first Alumni talk for the year 201819 took place on 21.12.2018. Apart from that the departments invite the Alumni for guest lectures, pep talks on specific occasions and programs at the department level. The Alumni feedback and lectures encourages the freshers and current students and provides inspiration of achievement.

CRITERION VI – GOVERNANCE, LEADERSHIP AND MANAGEMENT

6.1 – Institutional Vision and Leadership

6.1.1 – Mention two practices of decentralization and participative management during the last year (maximum 500 words)

The institution has a well established functional internal quality management system. It has set up management information system to collect, align, select, integrate and communicate data and information on academic and administrative aspects of the institution. The offices and the departments of the university are governed on the principles of participation and transparency. Academic and Administrative planning in this university move hand in hand. The goals and objectives are communicated and deployed at all levels to ensure every individual in the university contribute effectively towards its development. This university has a good library management practices which support and encourages staff and students at all level for their knowledge growth. This University Library communicates with the authorities at various intervals in an

academic year. EResources Remote Access Login service has been launched and initiated the Secured Gate Entry Access System Tripod Security Gate Entry System and has issued the common Smart ID Card to all Students and Scholars. The financial resources of this university are judiciously allocated and effectively utilized. Budget and Auditing procedures are regular and standardized.

6.1.2 – Does the institution have a Management Information System (MIS)?

Yes

6.2 – Strategy Development and Deployment

6.2.1 – Quality improvement strategies adopted by the institution for each of the following (with in 100 words each):

Strategy Type	Details
Human Resource Management	The university has well laid rules and regulations approved by the syndicate for the recruitment process, which is being followed systematically. The staff/faculty members are recruited by following the proper selection procedure as per UGC/NCTE through advertisements/employment registration. The nonteaching staffs are employed as part time through outsourcing and the salaries are fixed based on their workload and specialisation. Self appraisal has been collected from the staff once in six months to assess the performance. This university has the feedback system to evaluate the staff performance. Maternity/Medical Leave is given to the faculty to improve the well being under welfare measures.
Industry Interaction / Collaboration	The University has initiated MoUs with local and foreign universities. It has collaborations with CLRI, do design and develop sports shoes for Indian athletes, with AMIT university, Chennai and Gujarat Swarnim Sports University for exchange programs such as conduct of tournaments/sports/ and other related activities. MoUs have been signed with SALEM University, West Virginia for faculty/student exchange program in Exercise Physiology and Nutrition and Physical Education. The departments have linkages with the schools in and around Tamil Nadu for their teaching and coaching practice, with hospitals/institutions/fitness centres/ sports associations/sports academia/business organisations for their internship and student placement.
Admission of Students	Online admission process has been followed by this university which is transparent. The different programs and courses are advertised in the leading

newspapers of English and Tamil. Printed prospectus are also available with detailed fee structure and other program details. The candidates applications are scrutinized based on the norms laid down by the university. For certain courses physical tests and written tests are conducted for the selection of the students. Entrance examinations are conducted at PG level for M.Phil and Ph.D programs followed by the personal interview. Every department has a research committee constituting the Head and the other faculty members for execute the process of admission.

Curriculum Development

The Institution implements a systematic process in the design and development of the syllabus and the curriculum. It is constantly updated to implement the educational policies of the state governments with global needs in mind. Many innovative methodologies are adapted to enhance learning experience in students. We strive to provide conducive environment for the academic success of the students. We make attempts to incorporate the various scientific and technological advancements in the field of sports sciences and aim to gear students for the demands of the high competitiveness of today's world. New courses or programs are added as per the advice of subject experts and the members of the Academic Council.

Teaching and Learning

The faculty members are encouraged to use different innovative methodologies to enhance learning. To facilitate cooperative learning peer group learning has been introduced for B.P.Ed and M.P.Ed students. The faculty members and students are encouraged to attend seminars and workshops to keep abreast with the latest developments in fields related to their disciplines. The library with its vast resource in the form of books, journals, ejournals, magazines facilitates knowledge enhancement. Faculty members are updating themselves to cater to the learning needs of the present generation of learners. Internet facilities has made to latest developments more accessible. Feedback with regard to the teaching and the curriculum is collected from different

stake holders for creating effective learning environment.

Examination and Evaluation

The institution follows both summative and formative assessments to evaluate the students' progress throughout the year. The evaluation for UG and PG involves projects, seminars, assignments and periodic term and class tests are in the ratio of 25:75 mark scheme and the evaluation ratio for M.Phil is 40:60. Model exams are conducted before the semester exams to ensure the students are aware of the testing patterns before giving their exams. The exams are duly evaluated.

Research and Development

Students are encouraged to take up projects during the Masters Degree program to get oriented in their knowledge towards research. This initiative is taken in recognition of a need to develop research culture amongst the students and hence an effort is made to expose the students to research which might not be new to the discipline though it may be new to them. The faculty members of each department are involved in the selection of research scholars. The students are encouraged and motivated to publish papers and articles in the university published journal Biannual Journal of Physical Education And Sports Sciences and also in other UGC approved journals. The Research Coordinator monitors and executes the entire process of the Ph.D program.

Library, ICT and Physical Infrastructure / Instrumentation

The university library is equipped with well stocked and periodically replenished with books, journals, magazines and e books. OPAC (On line Public Access Catalogue) has proved to be a vital asset for students and faculty members to access information needed at their finger tips literally. The issue status of books, searching for data is possible through different searching criteria. The computers with internet facility are utilized effectively towards enhancement of learning. The university has a computer lab, where the staff and the students can have an access towards internet for their academic purpose. The university also has an ICT Lab where the students can have better learning experience, and the university also has geared towards the development of the

infrastructure in terms of indoor stadium, classrooms, and well equipped laboratories for various departments.

6.2.2 – Implementation of e-governance in areas of operations:

E-governance area	Details
Planning and Development	<p>The departments are emphasised to introduce value education courses as it makes the students better equipped with personal and job market skills. The university has expanded the infrastructure in terms of additional classrooms, laboratories and play grounds. The departments are in the process of equipping with the latest sports and laboratory equipments. The university has tremendously developed with the e library resources, hostel facilities. The university also has established a centre for excellence in Sports Biomechanics with state of art facilities.</p>
Administration	<p>The university has launched egovernance in terms of the students admission, attendance, internal marks, examination results and other details for the regular and the distance mode education. Biometric system has been initiated for all the employees of the university for the administration of their attendance</p>
Finance and Accounts	<p>The finance section of the University manages the student's annual tuition fee, hostel and mess fees and other academic related fees through online payment mode. The external and internal audit is conducted annually to monitor the flow of finance. The university systematically manages assets and all applicable accounting information with transparency</p>
Student Admission and Support	<p>The admission process is done bases on merit. The process is done through downloading the application forms from our official website. Credit of attendance is given to students for participation in sports competition. Students who excel in sports are given preference and supported through scholarship programmes . The students are given a brief introduction and procedures about the support service such the functioning of different cells as Psychological Counseling, Antiragging, Student Grievance Cell, Women Complaint Cell, Sexual harassment</p>

	etc through orientation programs conducted annually.
Examination	The office of the Controller of Examination is equipped with the resources needed to conduct the examinations , evaluation of answer papers , to hold practical examinations by enabled team members. All the examination related procedures such as question paper setting, processing results, updating the students academic records are done in a secured and a confidential manner

6.3 – Faculty Empowerment Strategies

6.3.1 – Teachers provided with financial support to attend conferences / workshops and towards membership fee of professional bodies during the year

Year	Name of Teacher	Name of conference/ workshop attended for which financial support provided	Name of the professional body for which membership fee is provided	Amount of support
2018	Dr. N.Ashok Kumar	Advanced training programme on Bibliomatrix and Research output analysis	Information and Library Network (INFLIBNET) Centre	8700

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6.3.2 – Number of professional development / administrative training programmes organized by the University for teaching and non teaching staff during the year

Year	Title of the professional development programme organised for teaching staff	Title of the administrative training programme organised for non-teaching staff	From date	To Date	Number of participants (Teaching staff)	Number of participants (non-teaching staff)
2019	Workshop on SPSS	Nill	05/01/2019	05/01/2019	39	0
2019	Purchase procurement procedures	Purchase procurement procedures	11/03/2019	11/03/2019	20	35
2018	National workshop on Professional Preparation in Physical Education and Sports Sciences	Nill	22/11/2018	28/11/2018	6	0

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6.3.3 – No. of teachers attending professional development programmes, viz., Orientation Programme, Refresher Course, Short Term Course, Faculty Development Programmes during the year

Title of the professional development programme	Number of teachers who attended	From Date	To date	Duration
Refresher course Environmental Studies	1	12/11/2018	07/12/2018	20
Orientation Program on "Yoga Meditation for Healthy Living"	1	14/07/2018	14/07/2018	1
ISAK Level I KINANTHROPOMETR Y	12	21/01/2019	23/01/2019	3
Clinic on PENCAK SILAT A sports development initiative	18	23/01/2019	24/01/2019	2
SWISS ball training	12	01/03/2019	01/03/2019	1
Educational Research Methods and Data analysis using IBM, SPSS, AMOS R	3	03/04/2019	09/04/2019	8
FDP Creative Pedagogy and its significance in Engineering Education	1	22/04/2019	04/05/2019	12
Mass Yoga Program on International Day of Yoga	1	21/06/2019	21/06/2019	1
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6.3.4 – Faculty and Staff recruitment (no. for permanent recruitment):

Teaching		Non-teaching	
Permanent	Full Time	Permanent	Full Time
26	12	26	50

6.3.5 – Welfare schemes for

Teaching	Non-teaching	Students
Staff Quarters, Transport facility, CPF,	Staff Quarters, Compensatory Leave,	Transport, Sports Scholarship, Medical

Gratuity, Medical Insurance, and Maternity leave	Transport facility, CPF, Gratuity, Medical Insurance, and Maternity leave	Insurance, Hostel, Mess and Play ground Facilities, Summer and Winter coaching camps.
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6.4 – Financial Management and Resource Mobilization

6.4.1 – Institution conducts internal and external financial audits regularly (with in 100 words each)

The University conducts internal and external financial audits regularly. The accounts of the institution is being audited annually by the Local Fund Auditors, who are appointed by the state government. Regular Audit and Audit for the financial year 20182019 for the year ending up to 31.03.2019 were conducted by the local fund auditors. Moreover, the Accountant General of India, Government of India also conducts annual audit every year. With regard to the internal audit, the finance officer (on deputation from Tamil Nadu Secretariat, service at the level of Under Secretary to Government, Finance Dept.) of the university regularly monitors the financial aspects of the university.

6.4.2 – Funds / Grants received from management, non-government bodies, individuals, philanthropies during the year(not covered in Criterion III)

Name of the non government funding agencies /individuals	Funds/ Grnats received in Rs.	Purpose
00	0	00
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6.4.3 – Total corpus fund generated

8100000

6.5 – Internal Quality Assurance System

6.5.1 – Whether Academic and Administrative Audit (AAA) has been done?

Audit Type	External		Internal	
	Yes/No	Agency	Yes/No	Authority
Academic	Yes	Academic experts from other State/Central Universities	No	Nill
Administrative	Yes	Loacal Fund Audit and Accountant General, Government of India	Yes	Finance Officer

6.5.2 – What efforts are made by the University to promote autonomy in the affiliated/constituent colleges? (if applicable)

During the framing of the syllabus, the members from the affiliated colleges are invited as subject expert members. Whenever the university conducts the Board of Studies and the Academic Council, the members from all affiliated colleges are invited. The affiliated colleges who are under autonomy are framing their own syllabus on the basis of University/NCET/AICTE/UGC norms. They are also given the freedom to conduct the Board of Studies and Academic Council Meetings. The affiliated institution are given the freedom to frame their working hours of the institution in par with the university norms.

Admission of the students and recruitment of faculty members are done on the basis of UGC norms. The affiliated colleges are given research centers to run their Ph.D research program for regular Ph.D candidates. These affiliated colleges are also the liberty to conduct Inter Collegiate tournaments of the University and conducting coaching camps on various sports and games on voluntary basis.

6.5.3 – Activities and support from the Parent – Teacher Association (at least three)

Interaction with the parents takes place with the respective faculty members during the student freshers program. Parents take an active role in meeting the teachers to understand their wards academic and sports performance. Parents of few students who are qualified serves as coaches/referees during the intercollege/interuniversity tournaments.

6.5.4 – Development programmes for support staff (at least three)

Enrichment Program for the nonteaching Yoga and Physical Activity programs were conducted to improve their holistic development. The staff members who are interested in undergoing any course of study in School of Distance Education, TNPESU are encouraged and given concession in their fees.

6.5.5 – Post Accreditation initiative(s) (mention at least three)

Efforts are made to develop policies Academic/Research Collaborations with other institutions and organizations Enhancement of Library resources
Development of infrastructure facilities

6.5.6 – Internal Quality Assurance System Details

a) Submission of Data for AISHE portal	Yes
b) Participation in NIRF	No
c) ISO certification	No
d) NBA or any other quality audit	Yes

6.5.7 – Number of Quality Initiatives undertaken during the year

Year	Name of quality initiative by IQAC	Date of conducting IQAC	Duration From	Duration To	Number of participants
2018	Establishment of Sports Sciences Laboratory	07/06/2018	02/07/2018	31/12/2019	20
2018	Setting quality benchmarks	07/06/2018	06/07/2018	28/06/2019	4
2018	New project proposals sent to TANII	21/08/2018	31/10/2018	03/06/2019	15
2018	Plastic Ban Campaign	07/06/2018	07/09/2018	07/09/2018	415
2018	Guest Lecture Sports Business in	07/06/2018	29/08/2018	29/08/2018	20

	India				
2018	Purchase Procurement Procedures for teching and nontecahing	07/06/2018	20/07/2018	20/07/2018	45
2019	Fcaulty Development Program	11/12/2018	05/01/2019	05/01/2019	39
2019	Establishm ent of Alumni Association	11/12/2018	21/12/2018	21/12/2018	140
2019	Establishm ent of MoUs with other Universities	21/08/2018	10/03/2018	31/12/2019	15
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CRITERION VII – INSTITUTIONAL VALUES AND BEST PRACTICES

7.1 – Institutional Values and Social Responsibilities

7.1.1 – Gender Equity (Number of gender equity promotion programmes organized by the institution during the year)

Title of the programme	Period from	Period To	Number of Participants	
			Female	Male
Women Empowerment	08/03/2019	08/03/2019	170	200
Women Empowerment Martial Arts Self Defense Training	08/03/2019	08/03/2019	150	0
Women Empowerment on Sexual Harassment at Colleges, Universities and Workplace	18/03/2019	18/03/2019	160	0

7.1.2 – Environmental Consciousness and Sustainability/Alternate Energy initiatives such as:

Percentage of power requirement of the University met by the renewable energy sources
<p>Special program Swaach Bharath activity Campus cleaning on 12th June 2018 Special Tree planting Programme organized by NSS Unit of TNPESU on 12th July 2018 Anti Plastic Programme "I pledge that I will avoid single use plastics and I will refuse non recyclable products" conducted on 7th Sep 2018 Special Tree planting Programme organized by NSS Unit of TNPESU on 26th January 2019 Special Programme for 400M Track cleaning for NSS Volunteers organized by NSS Unit of TNPESU Special Programme for cleaning for Indoor Stadium surroundings of Tamil Nadu Physical Education Sports University and watering the plants for NSS</p>

Volunteers organized by NSS Unit of TNPESU Wastage from the RO water is utilized in watering plants.

7.1.3 – Differently abled (Divyangjan) friendliness

Item facilities	Yes/No	Number of beneficiaries
Ramp/Rails	Yes	1

7.1.4 – Inclusion and Situatedness

Year	Number of initiatives to address locational advantages and disadvantages	Number of initiatives taken to engage with and contribute to local community	Date	Duration	Name of initiative	Issues addressed	Number of participating students and staff
2018	1	4	14/09/2018	1	Childrens Day Celebration	Awareness of Physical Activity among Mentally Challenged Children	360
2019	1	20	11/03/2019	5	Village Placement Program	Holistic Development of School Children	31
2019	1	15	25/03/2019	5	Village Placement Program	Wellness of Differently abled people, Elders, Animals and public	320
2019	1	25	11/04/2019	7	Village Placement Program	Enhancement of mental health among the mentally retarded, mentally disabled and Special Children	13

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7.1.5 – Human Values and Professional Ethics Code of conduct (handbooks) for various stakeholders

Title	Date of publication	Follow up(max 100 words)
Calendar 2018 19	02/06/2018	The academic calendar highlights the institution related information. The information consists of brief history of the University viz Preamble, Mission, Vision and Motto of the University, Regular courses offered by various departments of this University, List of Faculty Members and supportive staff of various departments, Academic Calendar for the year 2018 19, List of affiliated colleges, University contact details, National Anthem, National Pledge, Tamil thai vazhthu, Untouchability Extermination pledge, Flag song, Engagement Notes and Student Profile.

7.1.6 – Activities conducted for promotion of universal Values and Ethics

Activity	Duration From	Duration To	Number of participants
Independence Day	15/08/2018	15/08/2018	450
Sadhbhavna Diwas	20/08/2018	20/08/2018	380
Death Anniversary of Dr. Ambedkar	06/12/2018	06/12/2018	270
Pongal Celebration	14/01/2019	14/01/2019	410
Flag Code Day	24/01/2019	24/01/2019	220
Republic Day	26/01/2019	26/01/2019	470
India Formation	03/04/2019	03/04/2019	280
Birth Anniversary of Dr. Ambedkar	12/04/2019	12/04/2019	350
Voting Awareness	15/04/2019	15/04/2019	250
International Yoga Day	21/06/2019	21/06/2019	370
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7.1.7 – Initiatives taken by the institution to make the campus eco-friendly (at least five)

1. Green House 2. Waste management bins installed to keep the campus clean 3. Usage of RO water wastage utilized to nourish the plants 4. Planting of around

500 tree saplings around the campus by NSS. 5. Herbal park was created by the Department of Exercise Physiology and Nutrition and Sports Biomechanics Kinseology.

7.2 – Best Practices

7.2.1 – Describe at least two institutional best practices

Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link

<http://www.tnpesu.org/igac/Best-Practices.pdf>

7.3 – Institutional Distinctiveness

7.3.1 – Provide the details of the performance of the institution in one area distinctive to its vision, priority and thrust in not more than 500 words

Provide the weblink of the institution

<http://www.tnpesu.org/igac/Institutional-Distintiveness.pdf>

8.Future Plans of Actions for Next Academic Year

Value Added Courses to be introduced . It is important for higher education institutions to supplement the curriculum to make students better prepared to meet job sector demands as well as develop their own interests and aptitudes. These courses are conducted by professionals to help students stand apart from the rest in the job market by adding further value to their resume. Wifi enabled campus The University will install Wifi enabled internet connectivity through high speed broadband cable so that the students and the faculties can surf the internet for online educational inputs related to their academic courses . ATM services will be extended to the students, faculties and general public in the entrance of University campus. ATM will cater the requirements of the students and the staff, and, since it is located in the campus, it saves their precious time and effort. Multipurpose common University Smart Identity card to be provided to the students for access to the library and other University facilities. Implementation of remote access facility to eresources to enrich the knowledge of the faculties and students to facilitate research in their area of interest. Security Gate Entry access to be established in the library to monitor the student entry and exit. Fitness Center State-of-the-art fitness center will be established for extensive training ensures that the students have all that they need when it comes to staying fit while they are part of TNPESU. The gym not only motivates students to be active and to lead a balanced lifestyle but also encourages students to indulge in serious fitness and bodybuilding. Horse Academy Equestrian sports will be established for the students inside the University campus which combines the beauty and power of the horse with the skillful manipulation of the course by the rider. National and International Conferences to be conducted which can result in improving communication skills, gaining expert knowledge, networking with others and renewing motivation and confidence. Interuniversity Tournaments to be conducted at State, Zone and All India levels in Hockey to nurture the budding physical education, coaching and other supportive department students in organizing a sports event. Academy for Table Tennis to be established for excelling in the promotion of sports. Academy for Badminton to be established for excelling in the promotion of sports. An awareness programs on Run for Sports to be initiated for the students and the general public to motivate the importance of fitness and to incorporate fitness as a daily mandatory living activity. New MoU will be signed with the higher and international educational institutions to promote networking of talents and

research activities. Existing MoUs to be made functional in the areas such as research, academic, tournament organization and extension activities. Organizing awareness programs for students on health, fitness and prevention of seasonal diseases. . Active break to be introduced for administrative staffs to make them physically and mentally strong during the working hours. Organizing skill development programs for non teaching staffs to improve their functional efficiency. Celebrating national significance days.